



COURSE SYLLABUS

COURSE NAME: Introduction to Intuitive Drum Song

INSTRUCTOR: Lavender Grace

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COURSE DESCRIPTION: This course will identify the basic elements of the frame drum and the intuitive nature of voice. The students will actively learn how to listen and play with rhythmic vocabulary and how to attune to heart songs from the inner world.

OBJECTIVE: The objective of this course is to develop the student's confidence with rhythm, how to play with others, how to listen & sing their heart song

RECOMMENDED RESOURCES:

<p><u>"When the Drummers were Women"</u> A Spiritual History of Rhythm By Layne Redmond copyright 1997 Published by Three Rivers Press, New York www.layneredmond.com</p>	<p><u>"Divine Attunement"</u> Music as a Path to Wisdom by Yuval Ron copyright 2014 Published by Oracle Institute, Virginia yuvalronmusic.com</p>
<p><u>"Free Your Voice"</u> Awaken to Life Through Singing By Silvia Nakkach & Valerie Carpenter copyright 2012 Published by Sounds True, Inc. Boulder CO voxmundiproject.com</p>	<p><u>"The Healing Power of the Human Voice"</u> Mantras, Chants and Seed Sounds for Health and Harmony By James D'Angelo copyright 2005 Published by Healing Arts Press, Vermont www.innertraditions.com</p>
<p>Marla Leigh ~ marlaleigh.com</p>	<p>Rowan Storm ~ rowanstorm.com</p>



7 PART COURSE OVERVIEW

- ❖ **Ancient History of Rhythm and Song**
 - How this technology has been used throughout time and why it is so poignant
- ❖ **The Heart Beat**
 - The Unifying Field and Original Rhythm of our Humanity
 - Introduce 2 beat rhythms – Ayooob, Karachi
- ❖ **Art of Listening**
 - Learning to Trust the Inner World
 - 4 Beat Rhythms – Saidi, 4 Beat – Beledi
 - 3 Beat, tripplets
- ❖ **Rhythm and Song in Community**
 - How Drum and Song are Tools for Connection
 - Combinations of 2 and 4 beat rhythms – Sequence
 - Introduce 8 beat rhythm – Chitielli
- ❖ **Creating Healing Tradition**
 - How to Develop a Personal Drum Song Practice for Health
 - Combinations of Belidi and Ayuub, and tripplets
- ❖ **Cycles of Rhythm and Change**
 - The Unseen Support of the Natural World
 - 5 beat – Turkish Five and 9 beat Karsilama
- ❖ **Joy of Play**
 - Essential Creative Expression of Being Alive
 - Concepts of Improvisation and Chants